




BOOK reviews

Take yourself to the Isle of Mull, progress on your spiritual journey, learn a yoga pose or just catch up on some positive celeb gossip...

Pet Friendly Care Homes

- * **AUTHOR** CINNAMON TRUST
- * **PUBLISHER** CINNAMON TRUST
- * **RELEASE DATE** SUMMER 2007
- * **PRICE** £3.50



Moving into residential care is rarely an easy transition at best, but if you have a much loved companion animal you don't want to leave behind, it can be traumatic. This tells you which homes accept and help look after your pet if you bring them with you. Although it's advised you make your own checks, this is an invaluable reference guide that will hopefully encourage more homes to follow suit.

Angels Watching Over Me


- * **AUTHOR** JACKY NEWCOMB
- * **PUBLISHER** HAY HOUSE
- * **RELEASE DATE** OCTOBER 2007
- * **PRICE** £7.99



Easy to read and clearly presented, this book contains some treasured and well documented information about our relationship with the spirit world. Everyday someone makes contact with a loved one on the 'other side' and Jacky, aka "The Angel Lady" gives plenty of evidence if you are doubtful about it all. Celebrities are also quoted, revealing their experiences of how death didn't end a relationship.

Shanti

- * **AUTHOR** PAUL SINCLAIR
- * **PUBLISHER** ONE WORLD ONE PEOPLE PUBLISHING LTD
- * **RELEASE DATE** MAY 2007
- * **PRICE** £4.99



A gem. If you only read one more book this year, read this and give it to the children and young people in your life. Religious sceptics and the non-sentimental 'right' might turn their noses up but the loss is not just theirs, it is ours too. True story or modern fable, the values are eternal and life enhancing. Making a distinction between friend and enemy doesn't lead anywhere.

A Dose of Dr. Dog


- * **AUTHOR** BABBETTE COLE
- * **PUBLISHER** RANDOM HOUSE
- * **RELEASE DATE** OCTOBER 2007
- * **PRICE** £10.99 HB



Dr. Dog is taking a well deserved break when his pesky family the Gumboyles turn up and proceed to get a variety of holiday ailments. This brand new tropical adventure introduces you to some stalwart herbal remedies in an ingenious way, guaranteed to make you smile, whatever your age. Garlic juice, aloe vera, ginger tea, marigold paste all come into their own as spots on bots and invading nosenips create havoc.

The New Encyclopedia of Flower Remedies

- * **AUTHOR** CLARE G. HARVEY
- * **PUBLISHER** WATKINS PUBLISHING
- * **RELEASE DATE** SPRING 2007
- * **PRICE** £12.99



This is an updated, revised edition of the original classic by Clare G. Harvey and Amanda Cochrane. As George Gerber, MD, rightly says in his Foreword, "Clare Harvey has performed an invaluable service by compiling the knowledge and wisdom of healing with flowers from around the world." Covers information on flowers from all corners of the planet.